



## Seagrass ecosystem trajectory depends on the relative timescales of resistance, recovery and disturbance



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### ABSTRACT

Seagrass ecosystems are inherently dynamic, responding to environmental change across a range of scales. Habitat requirements of seagrass are well defined, but less is known about their ability to resist disturbance. Specific means of recovery after loss are particularly difficult to quantify. Here we assess the resistance and recovery capacity of 12 seagrass genera. We document four classic trajectories of degradation and recovery for seagrass ecosystems, illustrated with examples from around the world. Recovery can be rapid once conditions improve, but seagrass absence at landscape scales may persist for many decades, perpetuated by feedbacks and/or lack of seed or plant propagules to initiate recovery. It can be difficult to distinguish between slow recovery, recalcitrant degradation, and the need for a window of opportunity to trigger recovery. We propose a framework synthesizing how the spatial and temporal scales of both disturbance and seagrass response affect ecosystem trajectory and hence resilience.

### 1. Introduction

Found at the interface between the land and the sea, seagrasses act as ecosystem engineers by stabilizing sediment, taking up nutrients, storing carbon and providing habitat for fish and other marine fauna (Bos et al., 2007; Jones et al., 1994; Mcleod et al., 2011). The feedbacks

and interactions between seagrass and various biotic and abiotic factors can buffer against stressors, and generate many valuable ecosystem services (Duarte, 2002; Orth et al., 2006a). Seagrass presence can improve conditions for seagrass growth, for example through sediment stabilization, nutrient uptake and sheltering mesograzers (Maxwell et al., 2016). Ironically these feedbacks can also act as a barrier to

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